

FAQs for Dating, Relationships and Disability: How to Have Confidence and Succeed

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How long do I have access to *Dating, Relationships, and Disability: How to Have Confidence and Succeed*?

Once you enroll, you'll have lifetime access to the videos and downloadable Take Action sheets.

What are the coaching calls like?

Within the first 60 days of the closing of enrollment, Kathy offers four coaching calls that are 90 minutes in length. The calls are group calls in which you can ask Kathy questions about the course material, any challenging areas, and how to implement the course material into your life in order to facilitate success. If you have a question or concern that you do not feel comfortable sharing in the group, you can always email the issue to Kathy and she will address it anonymously on the call. The calls are recorded and later emailed to all students.

How does the Private Facebook Group work?

Once you're enrolled in the course, you can request to join the private *Confidently Dating with a Disability* group on Facebook. Only current and past students of the course are allowed to join the group. It's a great way to ask Kathy questions and gain support from others taking the course. In the first 30 days of the course opening for enrollment, Kathy is in the group on a daily basis. Kathy will frequently post additional resources and material to help you gain success in dating and relationships.

How long are the videos?

Most are between 10 - 20 minutes.

How long are the Take Action sheets and what is the purpose of them?

They average 8 - 10 pages each. Every module in this course include a downloadable guide sheet to help you begin to implement insight into what is learned and begin making the changes you want to live more the life you want and have the relationships you want. This is done by asking a series of reflective questions about yourself, what you're struggling with, and what you're looking for in relationships. Each Take Action sheet has exercises and questions pertaining to the subject of that particular module.

How long will it take me to get through the course?

If you sat down and worked on the course straight through (which is not recommended so that you can let the course material absorb over time), it would take 12 -16 hours for Independent Study and 16 - 24 hours for the Premium Version with all the bonus material.

I'm unsure if I can do all the material myself. What would you suggest?

If you believe you may need help processing the material, completing the Take Action guides, and/or participating in the Facebook group, it is recommended that you select a trusted friend or person that works with you to help you successfully complete the course.

I'm on a limited budget. Do you have a payment plan?

Yes, the Independent Study and Premium Versions come with the option of paying over a three month period or a twelve month period, making it very affordable.

Is there a refund policy?

Yes, you must request a refund within the first 30 days after purchase.

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